

# **CITY HELPS**

## **STEGER, SOUTH CHICAGO HEIGHTS & CHICAGO HEIGHTS**

### **Youth Resource Guide**

# **2025**



**Cityhelps Community Committee**

## EDUCATIONAL Services

- |    |                                                               |                                                                             |              |
|----|---------------------------------------------------------------|-----------------------------------------------------------------------------|--------------|
| 1. | Prairie State College                                         | 202 S. HALSTED ST., Chicago Heights                                         | 708-709-3600 |
| 2. | Governor's State University                                   | 1 University Dr., University Park, IL                                       | 708-534-5000 |
| 3. | South Suburban College                                        | 15800 S. State St., South Holland , IL                                      | 708-596-2000 |
| 4. | Bloom (Dist. 206) Alternative High School                     | 100 W 10th St., Chicago Heights IL<br>(contact: Mr. Michael Campbell, Dean) | 708-754-4095 |
| 5. | Bloom High School/Tutoring and school readmission assistance) | 101 W 10th St., Chicago Heights IL                                          | 708-754-4095 |
| 6. | Southland Hispanic Leadership Council                         | GED and ESL classes<br>21110 S. Western Ave. Olympia Fields, IL             | 708-679 9874 |

## 7. JOB TRAINING

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|---------------------------------------------------------------------------------------|-----------------------------------------------|--------------|
| 1. Excelsior Healthcare Academy                                                       | 523 S. Halsted, Chicago Heights               | 708-755-5004 |
| Training for Healthcare Jobs                                                          |                                               |              |
| 2. Penn-Foster College                                                                |                                               | 877-890-6583 |
| Job training in Industrial Maintenance and Retail                                     |                                               |              |
| 3. Empire Beauty School                                                               |                                               | 800-605-4782 |
| 4. Pro-Active Community Services                                                      | 3649 W. 183 <sup>rd</sup> St., Hazel Crest IL | 708-957-7751 |
| Job readiness training for youth and adults CONTACT: Yolanda Shannon-Albert, Director |                                               |              |
| 5. ELIM Outreach Training Center                                                      | 1820 Ridge Rd., Homewood, IL                  | 708-922-9547 |
| Numerous Job and Career training programs                                             |                                               |              |

## YOUTH DEVELOPMENT and YOUTH PROGRAMS

1. South Suburban Area Project 1400 S. Chicago Road, Chicago Hts. 708-755-1351x17  
Youth Mentoring and Community Service CONTACT: Tim Brindisi, Director
2. Aunt Martha's Youth Service Center 23485 S. Western Av, Park Forest 708-747-2780  
Comprehensive Community Based Services for Youth
3. Cornerstone Christian Church 2919 Chicago Rd. Chicago Hts., Il 60411 708 -756-3358
4. Team Make a Difference 1417 Emerald Ave., Chicago Heights, Il. 60411 708-513-5395
5. Bloom Township Youth Services 452 S. Halsted St. Chicago Heights, 708-754-9000

## HEALTH CARE-----

### COUNSELLING AND SUBSTANCE ABUSE:

1. Aunt Martha's Youth Services      51 W. 162<sup>nd</sup> St, South Holland      708-596-2204
  2. Grand Prairie Services      17746 Oak Park Av, Tinley Pk.      708-444-1012
  3. Illinois Department of Human Services Mental Health      114 Orchard Dr., Park Forest
  4. Southland Healthcare Forum      30 E. 15<sup>th</sup> st., Chicago Hts.      708-679-9874
- Intake, assessment, and referral of health, addiction, and other counselling and medical needs;  
CONTACT: Maria Crews

### HEALTH AND MEDICAL CARE

1. Pro-Active Community Services      3649 W. 183<sup>rd</sup> St., Hazel Crest IL      708-957-7751  
HIV Testing, Education, and Information:      CONTACT: Yolanda Shannon-Albert, Director
2. South Suburban Hospital      17800 S. Kedzie Av, Hazel Crest      708-799-8000
3. Ingalls Memorial Hospital      1 Ingalls Dr., Harvey      708-333-2300

## FOOD PANTRY-----

1. Chicago Heights Park District Food Pantry  
1400 S. Chicago Rd. Chicago Hts.      708 -755-1351
2. Sauk Village Food Pantry      21701 S. Torrence, Sauk Village      708-758-0110  
*Food for your family—a Parent has to go with you!*
3. Respond Now      1439 Emerald Ave, Chicago Hgts (708) 755-4357

## PUBLIC LIBRARY-----

1. Chicago Heights Public Library      25 W. 15<sup>th</sup> St Chicago Heights 708-754-0323
2. Steger/South Chicago Heights Public Library      54 E 31st St, Steger 708-755-5040

## COMMUNITY CORRECTIONS-----

1. Bloom Township Services      452 S. Halsted St. Chicago Hts.      708-754-9000  
Assistance with peer juries, BARJ programs, and community service hours.
2. 2. Ford Heights Community Service Organization  
943 E. Lincoln Highway, Ford Hts.      708-758-2565  
Assistance with Court appearances, returning from prison or detention, and community service hours

## **GROCERY STORES-----Also good places to get a JOB!!-**

1. Ultra Foods	16931 Torrence Av, Lansing	708-474-0540
2. Heritage Foods	4111 W. 183 <sup>rd</sup> St, Country Club Hills	708-957-0595
3. FOOD 4 LESS	1333 Western Av, Chicago Hts.	708-747-2240
4. Heights Fresh Market	1657 Chicago Rd, Chicago Heights	708-754-7477
5. SupermercadoLos Compadres	1906 Chicago Rd. Chicago Heights	708-754-6110
6. La Rosita	188 E. 22 <sup>nd</sup> St. Chicago Heights	708- 754-7875
7. Country Squire Foods	113 W. Joe Orr Rd. Chicago Heights	708-756-0441
8. Jewel	3220 Chicago Road, So. Chi. Hgts.	708-755-7372
9. Sav-O-Lot	3310 Chicago Road, So. Chi. Hgts.	708-756-2447
10. Boyos Market and Panderia	12 E 33 <sup>rd</sup> Pl., Steger	708-755-4525

## **FAST FOOD RESTARAUNTS----- Also good places to get a JOB!!-**

1. Burger King	3219 Chicago Rd., Chicago Hts	773-994-0690
2. Burger King	39 W. Sauk Trail, Chicago Hts	773-994-0690
3. McDonald's	100 W. Sauk trail, South Chicago Hts.	708-756-2218
4. Subway	3302 Chicago Ro., So. Chicago Hgts.,	708-755-6342
5. Burger King	194 W. Joe Orr Rd. Chicago Hts.	708-754-5169
6. Subway	171 W. Joe Orr Rd. Chicago Hts.	708-754-6353
7. Gyro Express	1814 Chicago Rd., Chicago Hgts.,	708-228-5290
8. Deans Gyros	162 W. Sauk Trail, Chicago Hgts.,	708-756-3728
9. Perros Bros.	2601 Chicago Road, So. Chicago Hgts.,	708-755-5055
10. Nick's Gyros	420 W. 14 <sup>th</sup> St., Chicago Hgts.,	708-503-2000
11. Wing Stop	44 W. Sauk Trail, Chicago Hgts.,	708-816-5613
12. Big Boy Submarine	405 W. 14 <sup>TH</sup> St., Chicago Hgts.,	708-481-3369
13. Wendy's	634 W. 14 <sup>th</sup> St., Chicago Heights	708-748-2370

## **HOMELESS SHELTERS-----temporary Housing if you lose your home-----**

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|------------------------------------------------------------------------------------------------------------------|---------------------------------|
| 1. South Suburban Family Shelter                                                                                 | 708-794-2140                    |
| 2. South Suburban PADS                                                                                           | Country Club Hills 708-233-1221 |
| <i>Various locations, so call for help!!</i>                                                                     |                                 |
| 3. National Runaway Safe Line                                                                                    | 800-786-2929                    |
| <i>Call them if you are a runaway, are thinking of running away, or know someone who has run away from home!</i> |                                 |
| 4. Aunt Martha's Youth Services                                                                                  | 708-596-2204                    |
| <i>Short term housing for kids who are unsafe at home or kicked out of their home</i>                            |                                 |

AFTER SCHOOL ACTIVITIES—See Your School Counselor, and look under Youth Programs up above!! ALSO Contact the La LUCHA Youth Committee with your ideas. **Please join us!!**

For Help in getting services at any of these organizations, or finding other help you need, please call Esperanza Morphis or LaTanya Santiago (708) 756-3358.